

## 8 Helpful Tips for a Workers' Compensation Case

- 1) Immediately notify your employer about your injury or illness. Ask for the name, address and phone number of the Workers' Compensation insurance company.
- 2) Get the names, addresses and phone numbers of anyone who witnessed the injury.
- 3) Take photographs of the accident site and your injuries.
- 4) Go to a doctor or hospital for treatment and fully explain when and how your work-related injury or illness occurred.
- 5) Contact an attorney immediately to protect your rights.
- 6) Do not settle your case with an insurance company.
- 7) Keep a diary of all doctor appointments and medications
- 8) Do not give a written or recorded interview with an insurance company.